

## Continental Breakfast

Danish, Muffins, Bagels with cream cheese, Whole fresh fruit, Juices, Water, Coffee

## Hot breakfast

Scrambled eggs, Home fries, Breakfast meat, Muffins or bagels, Pancakes or waffles, Whole fresh fruit, Juices, Water, Coffee

## Additional items

Yogurt trifle, Cereal, Sausage, ham or bacon biscuits, Fresh cut seasonal fruits, Breakfast bars

## Boxed Lunches

**Chicken salad croissant** — Our signature chicken, fruit and nut salad served in a flaky croissant

**Turkey/cranberry wrap** — Smoked shaved turkey breast, shredded cheese, and lettuce with a cranberry spread wrapped in a fresh spinach wrap

**Ham club** — Baked pit ham and Applewood smoked bacon piled high with thick-sliced cheddar on a seeded rye bread

**Roast beef/artichoke Kaiser** — Juicy roast beef and Swiss stacked on a bakery fresh Kaiser roll with fresh baby spinach leaves and a creamy artichoke spread

**Broccoli salad croissant** — Crisp broccoli, nuts, and sweet cranberries in our special dressing in a fresh baked croissant.

**Southwest chicken wrap** — Spicy shredded chicken, cheese and rice blended with a creamy southwest sauce rolled in a soft flour tortilla.

**Grilled fig & goat cheese** — Delicious fig, honey and goat cheese grilled on sweet fruit bread.

**Prosciutto/lettuce/tomato** — Bold Prosciutto, leaf lettuce and beef steak tomatoes with a basil mayo served on whole wheat bread.

**With:** chips, dessert, fruit & beverage

## Entree Salads

**Chicken & fruit salad** — Romaine, mixed baby lettuces and salad greens, with Jerk chicken breasts, seasonal fruits, cashews, Mandarin oranges, and mushroom pieces. Served with our signature Bleu Cheese Vinaigrette

**Shrimp & mango** — Shrimp & mango served atop a bed of romaine and spring salad greens, applewood smoked bacon, tomatoes and green onions served with our Pomegranate Vinaigrette

**Hearty salad w/ grilled chicken** — Grilled Chicken, tuna or salmon atop a bed of mixed salad greens with grapes, cherry tomatoes, strawberries, cucumbers, almonds. Served with our signature signature Italian Parmesan

**Tropical salad** — Mixed greens, pineapple, coconut and crisp bacon served with our Pineapple Vinaigrette

**Spinach salad** — Tender baby leaf spinach, crisp applewood smoked bacon, green onions, hard-boiled eggs, and raisins served with our Honey Mandarin dressing

## Other

**Fish tacos** — tender flaky white snapper topped with our signature pineapple salsa, lettuce, and cheese folded in a flour tortilla shell

**Walking tacos** — tacos in a cup

**Loaded nachos** — topped with barbecue pulled pork, bacon, jalapeños, a creamy cheddar cheese sauce and shredded pepper Jack cheese

**Chicken & waffles sandwich** — tender chipotle fried chicken breast sandwiched between 2 crispy waffles and topped with fresh maple syrup

**Crab mac 'n' cheese dog** — all beef dog topped with 3 cheese macaroni and topped with locally caught seasoned blue crab meat

**Sweet potato Sundae** — Sweet potato kettle chips drizzled with chocolate and caramel sauces then topped with whipped cream and cinnamon

**Grilled Brie with shredded chicken and bacon** — toasted bakery bread top with loaded Brie, chicken, spinach and bacon with a bourbon BBQ sauce

**Buffalo Blue Chicken** — Crispy chicken breast topped with a tangy buffalo sauce and blue cheese cole slaw

## THEME BUFFETS

### BBQ

- Pulled pork w/a Balsamic BBQ sauce
- Shredded honey BBQ chicken
- Maple baked beans
- Baked new potato salad
- Sweet & tangy slaw
- Texas toast
- Banana pudding
- Sweet tea
- Lemonade

### Italian

- Caesar salad
- Spaghetti Bolognese
- Cheese filled ravioli
- Meat lasagna
- Garlic rolls
- Peach Melba

### Fiesta

- Taco bar -- ground beef, chicken strips, salsa, sour cream, cheese, lettuce, soft and hard taco shells
- Fajita bar -- chicken and beef strips, peppers and onions, flour tortillas
- Nachos and cheese

### Elegant

- Bib lettuce salad w/our Blue Cheese vinaigrette
- Tuscan roasted chicken
- Cedar plank salmon w/our apricot jalapeño glaze
- Garlic green beans
- Citrus marinated vegetable medley
- Garlic whipped potatoes
- Cheesecake w/fresh blueberry compote
- Herb baked dinner rolls

### Cook-Out

- Grilled hamburgers
- All-beef hot dogs
- Potato chips
- Potato salad
- Cole Slaw
- Cookies
- Iced tea/lemonade

## DINNER BUFFETS

- **Raspberry Balsamic Chicken Breast** -- Seared breast of chicken accompanied with a flavorful raspberry balsamic sauce and garnished with blue cheese crumbles. Served with mashed potatoes & seasonal veggies
- **Pineapple Pork Loin** -- Tender pork loin topped with our signature Pineapple Salsa and served with mashed sweet potatoes.
- **Peppercorn Beef Roast** -- Juicy and tender sirloin roast served over a pecan wild rice and topped with a flavorful peppercorn gravy and seasonal vegetables
- **Grilled steak** -- grilled and marinated butcher cut steaks served with baked potatoes and seasonal vegetables. market price
- **Panko chicken & pasta** — panko crusted chicken and fresh tomatoes served over linguine and a parmesan cream sauce and crumbled bacon.

## MEALS IN BOWLS:

**Açaí breakfast bowl:** Greek yogurt, bananas, strawberries, kiwi, blueberries, granola, almonds, coconut & honey. Gluten free.

**Barbacoa beef bowl:** Basmati rice, tender Barbacoa beef, tomatoes, black beans, corn and avocado.

**Korean BBQ shrimp bowl:** Asian spiced shrimp, rice noodles, carrots, roasted peanuts, tossed in a chile lime sauce.

**Tropical chicken bowl:** Tender white meat chicken, zucchini, pineapple, and spinach sautéed in a sesame ginger sauce over Basmati rice.

## COLD HORS D'OEUVRES

Watermelon feta skewers  
Antipasto skewers  
Shrimp Tarts  
Stuffed new potatoes  
Prosciutto wrapped melon  
Caprese skewers – tomatoes, mozzarella & basil  
Bruschetta  
Tuna bites—Sashimi tuna on cucumber slices & wasabi  
Crab cups – blue crab in a phyllo cup w/cocktail sauce  
Peppered tenderloin skewers w/horseradish sauce

## HOT HORS D'OEUVRES

Tortellini skewers w/a pesto dipping sauce  
Sweet and spicy chicken bacon wraps  
Roasted potato-Chorizo skewers w/ guacamole  
Parmesan potato patties w/sour cream or yogurt  
Bacon cheeseburger meatballs  
Sweet & sour meatballs  
Petite quiche  
Tuscan mushroom caps w/olives, Romano & basil  
Petite vegetable spring rolls w/a tangy orange sauce  
Crab Rumaki – seasoned crab meat wrapped in bacon  
Fried chicken fingers – w/assorted sauces  
Pecan encrusted chicken skewers  
Balsamic glazed chicken bites  
Petite chicken Quesadillas  
Sausage bites – A Mayes Foods signature item  
Hawaiian chicken bites w/grilled pineapple

## ADDITIONAL ITEMS:

Specialty cheese platter  
Fresh fruit platter  
Antipasti platter  
Vegetable crudite' platter  
Deli tray  
Deluxe deli tray  
Finger sandwich tray  
Petite wrap sandwich tray  
Dips & Salsas – served with crackers or tortilla chips  
\*\*pineapple, mango or tomato salsas  
\*\*hot artichoke, spinach, veggie, cajun, layered & southwest dips  
Snack mix/Mixed nuts/Candies/Pretzels